



Parent Information Night: Bully Proofing Your Child

All parents want their children to be happy and successful in school. Finding out that your child is having problems in school, either because he/she is behaving like a bully or being victimized by a bully, can be an upsetting and disappointing experience. Bullying is a learned behavior, typically learned at home through aggressive modeling. Fortunately, what is learned can be unlearned and by acknowledging that bullying exists and by mobilizing the children, parents, and school staff into action, significant changes can be made in the climate of the school and community.

Participants in the 2 hour Parent Information night will learn about the scope of the problem in schools today as well as the difference between normal peer conflict and bullying; characteristics of children who are targeted; and characteristics of children who bully. Because every child will have at least one encounter with a bully during their school career, parents will also learn six strategies to teach their children. These strategies are non-reactive and will likely result in fewer opportunities for bullying to continue.