



Sample Student Sessions (K-6/7) Agenda

9:00 - 10:00 a.m.

Grade K-2 Assembly

- ♥ Defining Bullying Behavior – creating a common language
- ♥ How Does a Victim Feel?
- ♥ Standing Up for What is Right – becoming a caring majority
- ♥ Skill Development:
 - Asking For Help
 - Standing Up for Yourself
 - Walking Away
 - Self Talk

10:00 - 11:00 a.m.

Grade 3-6/7 Assembly

- ♥ Defining Bullying – creating a common language
- ♥ Girls and Aggression
- ♥ Mobilizing the Silent Majority – activity
- ♥ Becoming a Caring Majority

11:00 a.m. - 3:00 p.m.

Skill Development and Role Plays (Gr. 3-6/7)

Students will be taught 6 non-reactive strategies and will be given time to practice. 1 hour is needed for each grade (4 - 7). Smaller schools can combine grades so that more children will experience the role plays.

Example
Grade 2/3
Grade 4/5
Grade 6/7

*For student presentation for grades 8 -12 please see Life Skills Presentations: Life's Challenges in Secondary Schools.