



# Dare to Care **Virtual Program.**

 @daretocare2

 Dare to Care Bully Prevention  
[www.daretocare.ca](http://www.daretocare.ca)

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# Global Change

Has expedited the need to 'lift and shift' our in-person programs to a virtual learning format.

In keeping with the belief that ALL stakeholders within a school community must be engaged in creating a climate of change, the Dare to Care virtual program provides learning/education modules for administrators, teachers, support staff, parents, and students Grade K-9.

The virtual program allows classroom teachers to revisit each and every module throughout the year as needed. There is no additional preparation or work required of teachers to facilitate the program in their classrooms. The modules can also be used for students learning virtually or for homeschooling purposes.

# Student Learning Modules (20-30 minutes each)

**GRADE K-2:** The Grade K-2 program consists of six learning modules that can be completed in a classroom environment or at home. The following topics are included:



## MODULE 1

The Importance  
of Being Kind and  
Bullying Behavior  
versus Buddy



## MODULE 2

Bullying versus  
Mean Moments



## MODULE 3

Discrimination  
(and intro to  
Racism)



## MODULE 4

Broken Heart  
Activity: The  
Impact of Bullying



## MODULE 5

Tattling versus  
Asking For Help



## MODULE 6

Standing Up for  
Yourself and  
Others



# Student Learning Modules (30 minutes each)

**GRADE 3-4:** The Grade 3-4 program consists of eight learning modules that can be completed in a classroom environment or at home. The following topics are included:



1.

## MODULE 1

Positivity Meter and  
Types of Bullying

2.

## MODULE 2

Definition of Bullying  
Conflict vs Bullying

3.

## MODULE 3

Why Bullying exists:  
Silent Majority vs  
Caring Majority

4.

## MODULE 4

Discrimination  
and Racism

5.

## MODULE 5

Cyberbullying

6.

## MODULE 6

The Imbalance of  
Power: Tug of War

7.

## MODULE 7

Tool Belt of Skills

8.

## MODULE 8

Practicing the Tool  
Belt of Skills

Each learning module for Grade 3-4 includes an activity to help students anchor the learning from that module.

# Student Learning Modules (30 minutes each)

**GRADE 5-6:** The Grade 5-6 program consists of nine learning modules that can be completed in a classroom environment or at home. The following topics are included:



1.

Kindness Meter  
and Finding Your  
Greatness

2.

Types of Bullying

3.

Definition of  
Bullying: Conflict  
vs Bullying

4.

Why Bullying  
Exists: Silent  
Majority vs Caring  
Majority

5.

Discrimination  
and Racism

6.

Cyberbullying

7.

The Imbalance of  
Power:Tug of War

8.

Tool Belt of Skills

9.

Practicing the  
Tool Belt of Skills

Each learning module for Grade 5-6 includes an activity to help students anchor the learning from that module.

# Student Learning Modules

(30-40 minutes each)

**GRADE 7-9:** The Grade 7-9 program consists of seven learning modules that can be completed in a classroom environment or at home. The following topics are included:



## MODULE 1

Positivity Meter and  
Types of Bullying



## MODULE 2

I'm Tired of Hearing  
the Word Bullying:  
Conflict vs Bullying



## MODULE 3

Cyberbullying and  
Sexual Harassment:  
A Closer Look



## MODULE 4

Discrimination and  
Racism: Unacceptable,  
Full Stop!



## MODULE 5

Everybody Has A Story



## MODULE 6

One Person Can Make  
a Difference!



## MODULE 7

Lowering Our  
Waterlines: Image vs  
True Self.



# Parent Webinars



Including parents within the community is integral in creating a safe, caring, and inclusive environment. The development of a clear message from the school to the parents regarding bullying behavior is a fundamental first step.

## MODULE 1

*Overview of Bullying  
(51 minutes)*

- The Scope of the Problem
- Bullying vs Normal Peer Conflict
- Types of Bullying

## MODULE 2

*Perfect Targets: Misunderstood  
and Mislabeled Children  
(27 minutes)*

- Provocative Children
- Reactive/Easy to Anger Children

## MODULE 3

*How to Help Your Child  
(27 minutes)*

- Steps to Take if Your Child is Being Bullied
- Steps to Take if Your Child is Displaying Bullying Behavior
- Tool Belt of Skills: Teaching your child 6 non-reactive skills



# Professional Development



The reality is that most teachers and school staff are dealing with more challenging behaviours in more challenging teaching circumstances than ever before. It is critical that all staff have a common language and feel confident in dealing with issues of bullying before they escalate in the classroom or on-line. While traditional problem-solving techniques have served well in our schools over the decades, the issue of bullying requires a much more systemic approach.

The Professional Development for Schools consists of 3 parts that can be shown and discussed at staff meetings or viewed individually by staff members.

## MODULE 1

### *Overview of Bullying (51 minutes)*

- The Scope of the Problem,
- Bullying vs Normal Peer Conflict
- Types of Bullying

## MODULE 2

### *Perfect Targets: Misunderstood and Mislabeled Children (27 minutes)*

- Provocative Children
- Reactive/Easy to Anger Children

## MODULE 3

### *Strategies in Dealing with Bullying Behavior (31 minutes)*

- What is a no-nonsense approach to bullying?
- Why problem solving doesn't work.
- Is your school code of conduct enough?
- The 4 components needed for systemic change.

“ Only **4%** of bullying is ever reported ”



# Virtual Program Costs



## School/Organization License (Full Year License)

**PACKAGE #1:** Professional Development webinar (3 parts), Parent Webinar (3 parts), Grade K-6 and Grade 7-9 learning modules (includes resource portal for parents and educators) - \$1,150

**PACKAGE #2:** Professional Development webinar (3 parts), Parent Webinar (3 parts), and Grade K-6 learning modules (includes resource portal for parents and educators) - \$900

**PACKAGE #3:** Professional Development webinar (3 parts), Parent Webinar (3 parts), and Grade 5-9 learning modules (includes resource portal for parents and educators) - \$900

**PACKAGE #4:** Professional Development webinar (3 parts) Parent webinar (3 parts), and Grade K-4 learning modules (includes resource portal for parents and educators) - \$750

*School District/Board Pricing - Dare to Care offers a greatly discounted price for school Districts/Boards looking to purchase the virtual program for some or all of their schools. Please contact [lisa@daretocare.ca](mailto:lisa@daretocare.ca) to discuss pricing.*

## Other Options

K-2 learning modules (6 modules) - \$250

Grade 3-4 learning modules (8 modules) - \$350

Grade 5-6 learning modules (9 modules) - \$350

Grade 7-9 learning modules (7 modules) - \$350

Grade K-6 learning modules (14 modules) - \$500

Parent webinar and resource portal (3 parts) - \$350

Professional Development modules and resource portal (3 parts) - \$450

## Individual License

Parent webinar (3 parts) - \$12/person

P.D. webinar (3 parts) - \$30/person

K-2 learning modules (6 modules) - \$20/student

3-4 learning modules (8 modules) - \$30/student

5-6 learning modules (9 modules) - \$30 student

Grade 7-9 learning modules (7 modules) - \$30/student



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### **Lisa Dixon-Wells**

Founder/Executive Director  
403-620-5156  
lisa@daretocare.ca

### **Kim Edwards**

School Program Coordinator  
403-606-3038  
kim@daretocare.ca