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Dare to Care **Virtual Program.**

f Dare to Care Bully Prevention
www.daretocare.ca

Student Learning
Modules (20-30 minutes each)

GRADE K-2: The Grade K-2 program consists of six learning modules that can be completed in a classroom environment or at home. The following topics are included:

MODULE 1

The Importance of Being Kind and Bullying Behavior vs Buddy Behaviors

MODULE 2

Bullying vs Mean Moments

MODULE 3

Discrimination (and Intro to Racism)

MODULE 4

Broken Heart Activity: The Impact of Bullying

MODULE 5

Tattling vs Asking for Help

MODULE 6

Standing up for Yourself and Others

Student Learning
Modules (30 minutes each)

GRADE 3-4: The Grade 3-4 program consists of eight learning modules that can be completed in a classroom environment or at home. The following topics are included:

1.

MODULE 1

Positivity Meter and Types of Bullying

2.

MODULE 2

Definition of Bullying Conflict vs Bullying

3.

MODULE 3

Why Bullying Exists: Silent Majority vs Caring Majority

4.

MODULE 4

Discrimination and Racism

5.

MODULE 5

Cyberbullying

6.

MODULE 6

The Imbalance of Power: Tug of War

7.

MODULE 7

Tool Belt of Skills

8.

MODULE 8

Practicing the Tool Belt of Skills

Each learning module for Grade 3-4 includes an activity to help students anchor the learning from that module.

Student Learning Modules (30 minutes each)

GRADE 5-6: The Grade 5-6 program consists of nine learning modules that can be completed in a classroom environment or at home. The following topics are included:

1.
Kindness Meter and Finding Your Greatness

2.
Types of Bullying

3.
Definition of Bullying: Conflict vs Bullying

4.
Why Bullying Exists: Silent Majority vs Caring Majority

5.
Discrimination and Racism

6.
Cyberbullying

7.
The Imbalance of Power:Tug of War

8.
Tool Belt of Skills

9.
Practicing the Tool Belt of Skills

Each learning module for Grade 5-6 includes an activity to help students anchor the learning from that module.
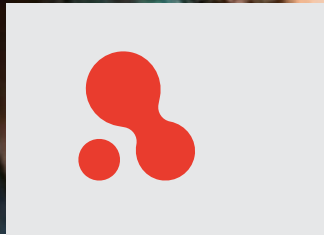
Student Learning
Modules (30-40 minutes each)

GRADE 7-9: The Grade 7-9 program consists of seven learning modules that can be completed in a classroom environment or at home. The following topics are included:

MODULE 1
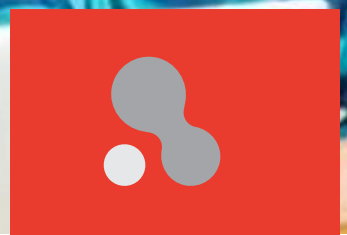Positivity Meter and Types of Bullying

MODULE 2
I'm Tired of Hearing the Word Bullying: Conflict vs Bullying

MODULE 3
Cyberbullying and Sexual Harassment: a Closer Look

MODULE 4
Discrimination and Racism: Unacceptable, Full Stop!

MODULE 5
Everybody Has a Story

MODULE 6
One Person Can Make a Difference!

MODULE 7
Lowering Our Waterlines: Image vs True Self.

Parent
Webinars

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Including parents within the community is integral in creating a safe, caring, and inclusive environment. The development of a clear message from the school to the parents regarding bullying behavior is a fundamental first step.

MODULE 1

*Overview of Bullying
(51 minutes)*

- The Scope of the Problem
- Bullying vs Normal Peer Conflict
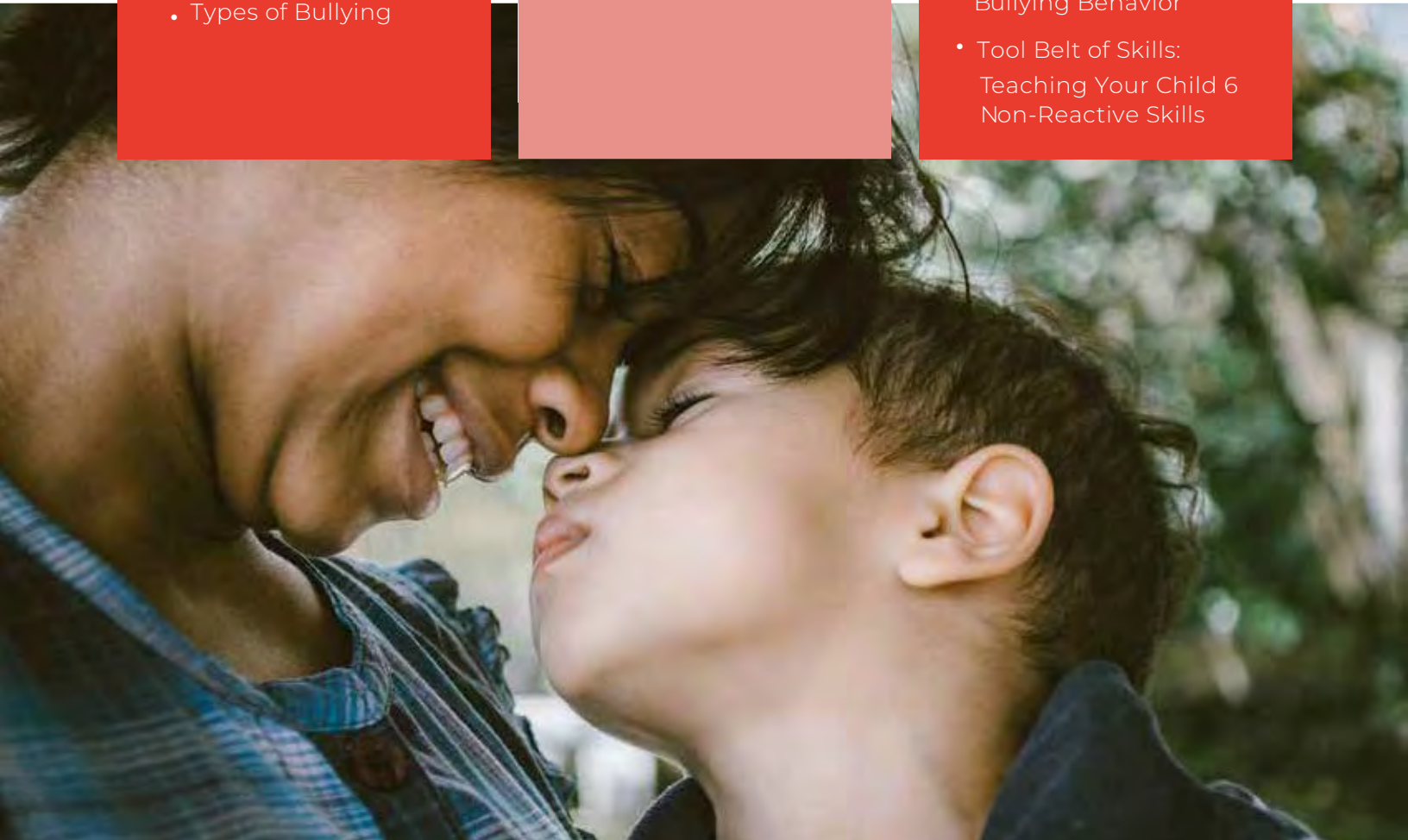- Types of Bullying

MODULE 2

*Perfect Targets: Misunderstood and Mislabeled Children
(27 minutes)*

- Provocative Children
- Reactive/Easy to Anger Children

MODULE 3

*How to Help Your Child
(27 minutes)*

- Steps to Take if Your Child is Being Bullied
- Steps to Take if Your Child is Displaying Bullying Behavior
- Tool Belt of Skills: Teaching Your Child 6 Non-Reactive Skills

Professional
Development

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The reality is that most teachers and school staff are dealing with more challenging behaviors in more challenging teaching circumstances than ever before. It is critical that all staff have a common language and feel confident in dealing with issues of bullying before they escalate in the classroom or on-line. While traditional problem-solving techniques have served well in our schools over the decades, the issue of bullying requires a much more systemic approach.

The Professional Development for Schools consists of 3 parts that can be shown and discussed at staff meetings or viewed individually by staff members.

MODULE 1

Overview of Bullying

(51 minutes)

- The Scope of the Problem
- Bullying vs Normal Peer Conflict
- Types of Bullying

MODULE 2

Perfect Targets: Misunderstood and Mislabeled Children

(27 minutes)

- Provocative Children
- Reactive/Easy to Anger Children

MODULE 3

Strategies in Dealing with Bullying Behavior

(31 minutes)

- What is a No-Nonsense Approach to Bullying?
- Why Problem Solving Doesn't Work.
- Is Your School Code of Conduct Enough?
- The 4 Components Needed for Systemic Change.

" Only **4%** of bullying is ever reported "

Virtual Program **Costs**

Full Year Access (From Date of Purchase)

GRADES K-6

$900

- Grade K-6 Modules

- Parent Education Modules

- Professional Development Modules (for Educators and Staff)

- Access to Resource Portal for Educators and Parents

PURCHASE NOW

GRADES K-9

$1,150

- Grade K-9 Modules

- Parent Education Modules

- Professional Development Modules (for Educators and Staff)

- Access to Resource Portal for Educators and Parents

PURCHASE NOW

GRADES 5-9

$750

- Grade 5-9 Modules

- Parent Education Modules

- Professional Development Modules (for Educators and Staff)

- Access to Resource Portal for Educators and Parents

PURCHASE NOW

Dare to Care offers a **GREATLY DISCOUNTED PRICE** for **SCHOOL DISTRICTS/BOARDS**. We can also create custom packages with just one or another combination of our Grades K-2, Grades 3-4, Grades 5-6 and Grades 7-9 student courses. **Please contact lisa@daretocare.ca to discuss pricing.**

Cost **Breakdown**

Per Individual Course/License

Individual Courses

• Parent Modules and Resource Portal	**$350**
• Professional Development Modules and Resource Portal	**$450**

Individual Licenses

• Parent Modules	**$12/Person**
• Professional Development Modules	**$20/Person**
• K-2 Student Modules	**$30/Student**
• 3-4 Student Modules	**$20/Student**
• 5-6 Student Modules	**$30/Student**
• 7-9 Student Modules	**$30/Student**

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Lisa Dixon-Wells
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