



Dare to
Care **Virtual**
Program.

Student Learning Modules (20-30 minutes each)

GRADE K-2: The Grade K-2 program consists of six learning modules that can be completed in a classroom environment or at home. The following topics are included:



MODULE 1

The Importance of Being Kind and Bullying Behavior vs Buddy Behaviors



MODULE 2

Bullying vs Mean Moments



MODULE 3

Discrimination (and Intro to Racism)



MODULE 4

Broken Heart Activity: The Impact of Bullying



MODULE 5

Tattling vs Asking for Help



MODULE 6

Standing up for Yourself and Others

Student Learning Modules (30 minutes each)

GRADE 3-4: The Grade 3-4 program consists of eight learning modules that can be completed in a classroom environment or at home. The following topics are included:



1.

MODULE 1

Positivity Meter and
Types of Bullying

2.

MODULE 2

Definition of Bullying
Conflict vs Bullying

3.

MODULE 3

Why Bullying Exists:
Silent Majority vs
Caring Majority

4.

MODULE 4

Discrimination
and Racism

5.

MODULE 5

Cyberbullying

6.

MODULE 6

The Imbalance of
Power: Tug of War

7.

MODULE 7

Tool Belt of Skills

8.

MODULE 8

Practicing the Tool
Belt of Skills

Each learning module for Grade 3-4 includes an activity to help students anchor the learning from that module.

Student Learning Modules (30 minutes each)

GRADE 5-6: The Grade 5-6 program consists of nine learning modules that can be completed in a classroom environment or at home. The following topics are included:



1.

Kindness Meter
and Finding Your
Greatness

2.

Types of Bullying

3.

Definition of
Bullying: Conflict
vs Bullying

4.

Why Bullying
Exists: Silent
Majority vs Caring
Majority

5.

Discrimination
and Racism

6.

Cyberbullying

7.

The Imbalance of
Power:Tug of War

8.

Tool Belt of Skills

9.

Practicing the
Tool Belt of Skills

Each learning module for Grade 5-6 includes an activity to help students anchor the learning from that module.

Student Learning Modules (30-40 minutes each)

GRADE 7-9: The Grade 7-9 program consists of seven learning modules that can be completed in a classroom environment or at home. The following topics are included:



MODULE 1

Positivity Meter and
Types of Bullying



MODULE 2

I'm Tired of Hearing
the Word Bullying:
Conflict vs Bullying



MODULE 3

Cyberbullying and
Sexual Harassment:
a Closer Look



MODULE 4

Discrimination and
Racism: Unacceptable,
Full Stop!



MODULE 5

Everybody Has a Story



MODULE 6

One Person Can Make
a Difference!



MODULE 7

Lowering Our
Waterlines: Image vs
True Self.

Parent Webinars



Including parents within the community is integral in creating a safe, caring, and inclusive environment. The development of a clear message from the school to the parents regarding bullying behavior is a fundamental first step.

MODULE 1

*Overview of Bullying
(51 minutes)*

- The Scope of the Problem
- Bullying vs Normal Peer Conflict
- Types of Bullying

MODULE 2

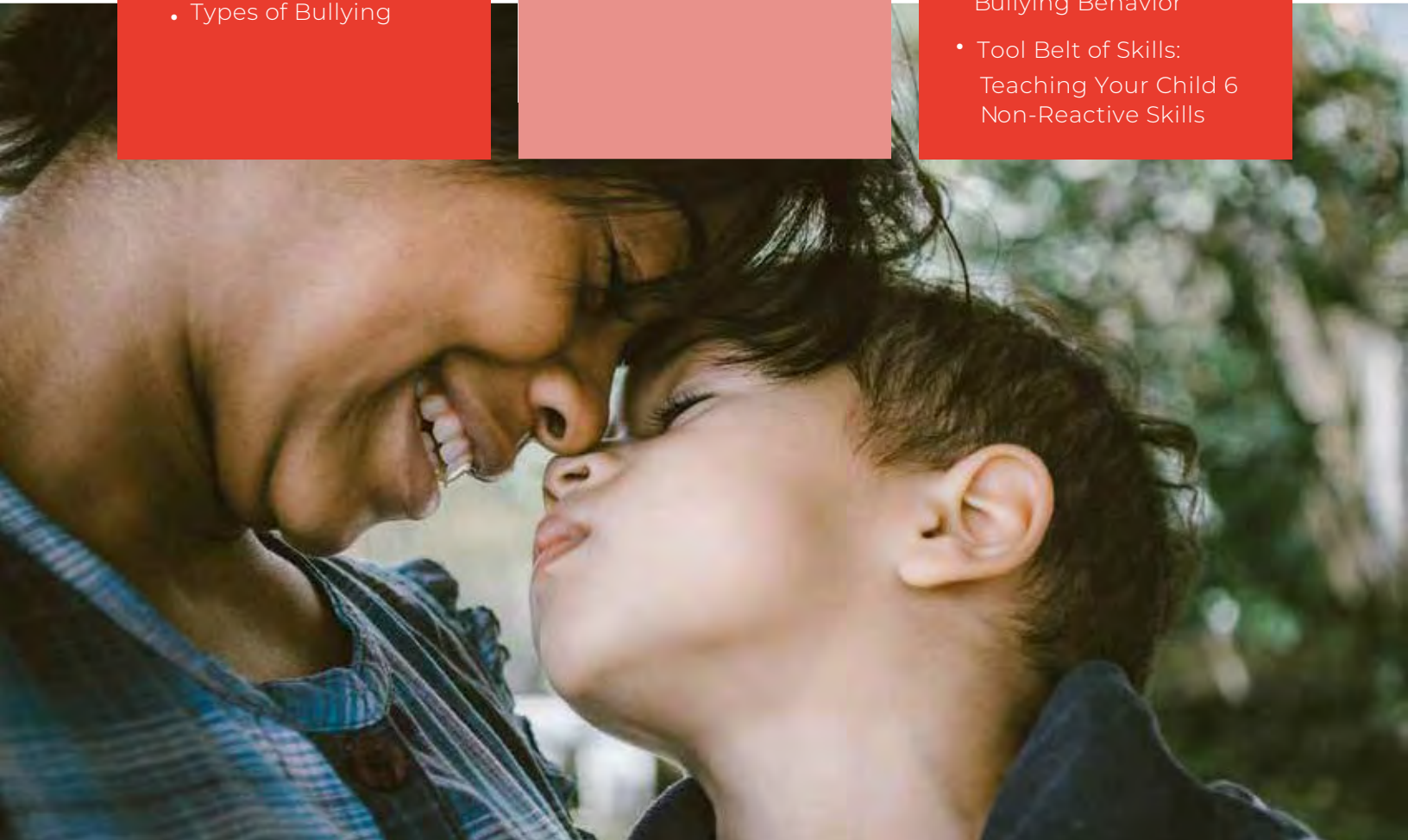
*Perfect Targets: Misunderstood
and Mislabeled Children
(27 minutes)*

- Provocative Children
- Reactive/Easy to Anger Children

MODULE 3

*How to Help Your Child
(27 minutes)*

- Steps to Take if Your Child is Being Bullied
- Steps to Take if Your Child is Displaying Bullying Behavior
- Tool Belt of Skills:
Teaching Your Child 6
Non-Reactive Skills



Professional Development



The reality is that most teachers and school staff are dealing with more challenging behaviors in more challenging teaching circumstances than ever before. It is critical that all staff have a common language and feel confident in dealing with issues of bullying before they escalate in the classroom or on-line. While traditional problem-solving techniques have served well in our schools over the decades, the issue of bullying requires a much more systemic approach.

The Professional Development for Schools consists of 3 parts that can be shown and discussed at staff meetings or viewed individually by staff members.

MODULE 1

Overview of Bullying
(51 minutes)

- The Scope of the Problem
- Bullying vs Normal Peer Conflict
- Types of Bullying

MODULE 2

*Perfect Targets:
Misunderstood and
Mislabeled Children*
(27 minutes)

- Provocative Children
- Reactive/Easy to Anger Children

MODULE 3

*Strategies in Dealing with
Bullying Behavior*
(31 minutes)

- What is a No-Nonsense Approach to Bullying?
- Why Problem Solving Doesn't Work.
- Is Your School Code of Conduct Enough?
- The 4 Components Needed for Systemic Change.

“ Only **4%** of bullying is ever reported ”

Virtual Program **Costs**

Full Year Access (From Date of Purchase)



U.S. Comprehensive Elementary School Package:

- ♥ Grade K-6 Modules
- ♥ Parent Education Modules
- ♥ Professional Development Modules (for Educators and Staff)
- ♥ Access to Resource Portal for Educators and Parents

Cost: \$900 Canadian (approx. \$675 US)

BUY NOW

U.S. Comprehensive Middle School Package:

- ♥ Grade 5-9 Modules
- ♥ Parent Education Modules
- ♥ Professional Development Modules (for Educators and Staff)
- ♥ Access to Resource Portal for Educators and Parents

Cost: \$750 Canadian (approx. \$575 US)

BUY NOW

School District/Board Pricing: Dare to Care offers a **GREATLY DISCOUNTED PRICE** for **SCHOOL DISTRICTS/BOARDS** looking to purchase the virtual program for some or all of their schools. Please contact Lisa Dixon-Wells at kidsmatter@shaw.ca to discuss pricing.



Acknowledgment:

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Founder/Executive Director

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